

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## helen de waal

Has successfully participated & completed the

5km Zwartkop Nite Race Series 2018/2019 - #4

held at Zwartkops Country Club.

**TIME** 00:32:30

**PACE** 06:30/km

OVERALL 50 of 141

**GENDER** 22 of 77

40 - 49 4 of 14

20 February 2019, Wed

Date



BoutTime

Signature